

School Meal Pattern Essentials

(formerly called Healthy School Meals)

Date: Wednesday, August 5, 2020

Registration Deadline: July 29, 2020

Training Time: 8:00 am – 5:00 pm Check-in begins at 7:30 am.

Who Should Attend: School food service persons involved with and responsible for planning, directing the service of and documenting meals offered to students in schools. **New Directors: consider the Orientation to School Nutrition Management July 27 – 31, 2020.**

Location: FFA Enrichment Center, DMACC Campus, Ankeny

Cost: \$50



Description: This workshop will increase your knowledge and provide practical tips for planning and delivering menus that meet school nutrition meal pattern requirements and students' expectations.

Learning Objectives:

- Learn meal pattern requirements for the National School Lunch Program and School Breakfast Program.
- Review school nutrition menu planning process and be able to: determine meal components; use standardized recipes; complete food production records properly; and practice using the Food Buying Guide.
- Identify documentation needed for school meal programs.

What to Bring: Please bring: 2 weeks of menus and Food Production Records

Professional Standards Key Areas: Nutrition, Operations 8 hours

Minimum Class Size: 20