



The 2021 Health Promotion Webinar Series will be a number of webinar trainings for behavioral and primary health care providers. These virtual learnings will focus on integrating care for those with substance use disorders and co-occurring conditions, specifically addressing brain injury, tobacco use, and other chronic health states.

For information about continuing education, please visit the Continuing Education page of the event website: <https://www.regcytes.extension.iastate.edu/pipbhc/health-promotion-webinars/>.

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For questions about registration, please contact Iowa State University at [registrations@iastate.edu](mailto:registrations@iastate.edu) or by phone 515-294-6222.

For questions about program content, please contact Sarah Vannice at [sarah.vannice@idph.iowa.gov](mailto:sarah.vannice@idph.iowa.gov).



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## 2021 HEALTH PROMOTION WEBINAR SERIES



**The 2021 Health Promotion Webinar Series is a part of the Iowa Department of Public Health's Promoting the Integration of Primary and Behavioral Health (PIPBHC) grant initiatives. The purpose of this webinar series is to provide webinar trainings on integrated care for primary and behavioral healthcare providers for individuals with substance use disorders.**

## OBJECTIVES

### Tobacco Prevention and Cessation in Integrated Care Settings

*Presentation by Taslim van Hattum, LCSW, MPH*

1. Learn about commercial tobacco and disparate health outcomes for individuals with behavioral health conditions.
2. Increase your knowledge of best practices to promote tobacco prevention and cessation in integrated care settings.
3. Understand the role of trauma on early initiation and chronic use of tobacco products.
4. Re-frame the way we address nicotine addiction and recovery for individuals who use tobacco.

### Supporting Healthy Lifestyles Among lowans with Low Income

*Christine Hradek, MPH*

1. Participants will understand the programs offered by ISU Extension and Outreach designed to support lowans with low income in making healthy choices on a tight budget.
2. Participants will have tools to make referrals to these programs when it is appropriate for a patient.
3. The presentation will build awareness of online resources designed to build users' understanding of nutrition, food budget management and cooking/food prep skills.



## OBJECTIVES

### The Intersection of Brain Injury and Multi Occurring Conditions

*Presentation by June Klein-Bacon, BSW, CBIST and Megan Hartwig*

1. Participants will discuss incidence and prevalence of acquired brain Injury in the general population.
2. Participants will evaluate incidence and prevalence of acquired brain injury in under and inappropriately served populations.
3. Participants will acquire skills to implement brain Injury screening in health and human service practices.



## Training Dates:

**May 13, 2021**

**Supporting Healthy Lifestyles Among lowans with Low Income ..... 1:00 - 2:30 pm**

*Christine Hradek, MPH*

**May 25, 2021**

**The Intersection of Brain Injury and Multi-occurring Conditions..... 2:00 - 3:30 pm**

*June Klein-Bacon, BSW, CBIST and Megan Hartwig*

**June 9, 2021**

**Tobacco Prevention and Cessation in Integrated Care Settings ..... 10:30am - 12:00pm**

*Taslim van Hattum, LCSW, MPH*

